

ADVENTURES IN *Florida*

CAMPING GEAR LIST

On ADVENTURES IN FLORIDA'S wilderness tours watches, cell phones, personal radios, lap tops, and all other battery operated gizmos (except cameras) are banned from being on the trip. In addition the leaders prepare and serve all meals. Avoiding the distraction of electronic beeps, not knowing what the exact time might be, and not having any meal time chores gives participants the chance to play and rediscover the magic of wild places.

- Small day pack or fanny pack
- Compass
- First Aid kit
- Duct Tape
- Pain reliever
- Personal medical supplies (prescriptions, inhaler, antibiotics, etc.)
- Water bottles
- Flashlight or head lamp
- Spare batteries
- Sunglasses
- Prescription glasses/contact lenses and supplies
- Tent
- Spare tent stakes
- Ground cloth
- Sleeping bag (temperature appropriate)
- Camp pillow or stuff bag to fill with clothing to serve as pillow
- Sleeping pad
- Waterproof stuff bag for sleeping bag
- Waterproof stuff sacks (for clothing and other gear)
- Equipment repair supplies
- Leatherman™ or Multi™ tool
- Knife, fork, spoon
- Knife (Swiss Army™ or good a folding model)
- Cup
- Plate
- Feminine hygiene products
- Toilet paper
- Trowel (you guys laying bricks?)
- Toothbrush
- Toothpaste
- Hair brush/comb
- Biodegradable soap
- Antibacterial gel
- Pack towel/wash rag
- Moist towelettes
- Water shoes or sandals
- Bandanas
- Brimmed hat
- Mosquito head net
- Raingear - waterproof/breathable jacket
- Fleece or wool shirt or sweater
- Light weight camping pants
- Swim suit
- Shorts
- T-shirt
- Long Sleeve shirt - light weight (great for sun protection)
- Underwear
- Gloves (for paddling and warmth)
- Sun Screen
- Sunburn Cream
- Insect repellent
- Lip Balm

Optional (but nice to have)

- Candle Lantern/candles
- Books
- Journal and pen
- Playing Cards
- Binoculars
- Camera and film
- Waterproof Camera Bag
- Fishing Gear
- Favorite beverage
- Guide books
- Snorkeling gear
- Snacks